

# K – 7<sup>th</sup> Grade Track



Season: **Monday, February 5– Thursday, April 11**

Practice Schedule for Fourth- Seventh Grades:

Mondays, Wednesdays, and Thursdays 3:15- 3:45 pm

Practice Schedule for Kindergarten- Third Grades:

Mondays and Wednesdays 3:15-3:45 pm

*\*No practice on school holidays or on meet days*

Team Fees:

\$40 Due Monday, February 5 (*no exceptions*)

\$15 Jersey Fee (You will keep the jersey. You may use this year's cross country jersey if you have one.)

Practice Attire:

T-Shirt, Shorts, Socks, and Running Shoes or Cleats

Meet Attire:

Issued Uniform top, Navy or Black Shorts (or a combination thereof; NO other colors), Socks, and Running Shoes/Cleats

Questions:

Please contact Coach M at [mspencer@cedarwoodschoo.com](mailto:mspencer@cedarwoodschoo.com)

---

## K -7<sup>th</sup> Grade Track Registration

Athlete's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

\*\*\*Please indicate on the following sheet which meets your child will be attending, and return with this form.\*\*\*

Coach M would greatly appreciate assistance during the track season. She needs help setting up our tent, checking in athletes, etc. If you can help in any capacity, please indicate below.

**I would like to volunteer to:**

Assistant Coach: \_\_\_\_\_ Help at meets: \_\_\_\_\_

My athlete has permission to be a member of Cedarwood's Track team. I understand that participation on the team is a commitment and my athlete will attend weekly practices and scheduled meets. My athlete also has permission to attend away meets. I understand that it is my responsibility to see that my athlete is safely transported to each meet and picked up after each practice/meet. I understand that my athlete must attend school on the days of practice and meets in order to participate in that day's scheduled practice/meet. I understand that this school activity will be directly conducted and supervised by the coaching staff or volunteer staff of Cedarwood School. In the event of an emergency, I understand that the school will make an immediate attempt to contact a parent. If a parent cannot be reached, the emergency numbers on my child's record will be called. If this fails, the director or teacher on duty will take the child to the doctor on record or to the nearest medical facility.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

# Track Meet Schedule 2018

Sub-elementary (Sub-Elem): Kindergarten- second grades

Elementary (Elem): Third- fourth grades

Middle school (MS): Fifth- sixth grades

Junior high (JH): Seventh- eighth grades

\_\_\_\_\_ **Saturday, February 24, 2018** – Trafton Academy Season Opener at Southeastern Louisiana University's New Track and Field Complex  
10am & 12:00 pm Running  
**JH/MS/Elem/Sub-Elem**

\_\_\_\_\_ **Wednesday, February 28, 2018** – Christ Episcopal-Trafton Academy at Christ Episcopal's New Track and Field Complex in Madisonville  
5:30 pm Running  
**Sub-Elem/Elem.**

\_\_\_\_\_ **Thursday, March 1, 2018** – CHS-Trafton JH Season Opener at Covington High School  
5:30 pm Running  
**JH**

\_\_\_\_\_ **Wednesday, March 14, 2018** – St. Paul's-Trafton JH Invitational at St. Paul's High School in Covington.  
5:30 pm Running  
**JH**

\_\_\_\_\_ **Thursday, March 22, 2018** – SSA/TA-Middle School/JH Invitational at Covington High School.  
5:30 pm Running  
**Ms/ JH**

\_\_\_\_\_ **Saturday, March 24, 2018** – Trafton Rory Caulfield Invitational at Southeastern Louisiana University's New Track and Field Complex  
& 12:00 pm Running  
**All Divisions(JH/MS/Elem/SE)**

\_\_\_\_\_ **April 10-11, 2018** – NIAL Track and Field Championships at Christ Episcopal School in Madisonville

Tuesday, April 10, 2018

**Sub-Elementary/Elementary Girls/Boys**

5:30 pm Running

Wednesday, April 11, 2018

**Middle School/JH Girls/Boys**

5:30 pm Running